

The Western Bay Area Planning Board

Substance Misuse Strategy

Three Year Implementation Plan 2014 - 2017



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Abertawe Bro Morgannwg  
University Health Board



### Introduction

When constructing this implementation plan, some of the priorities highlighted in the strategy emerged as a single action. Some of the priorities require a number of actions and conversely, some actions addressed several priorities. Therefore, through this process we have developed an action plan based on outcome statements that have emerged from consideration of those priorities and actions. In the action plan we have tracked the priorities to enable an easy 'read across' to the strategy.

Outcome Statement	Action	Output	Effect	Timescale	Lead
1. Provide a more effective interface between specialist substance misuse services and universal services (S8, U1)	<p>Undertake a training needs analysis of universal services (S8)</p> <p>Construct a workforce development plan (S8)</p>	<p>Completion of comprehensive workforce development plan</p> <p>Number of people appropriately trained</p>	Universal services will be better equipped to advise and sign post people with substance misuse problems	March 2016	APB Commissioning Team
2. Support for communities and partners in tackling the availability and impact of alcohol (S6)	<p>Produce a regional alcohol action plan (S6)</p> <p>Combat sales to underage drinkers including proxy sales (S6)</p> <p>Engage with licensing authorities to manage licensing applications and engage regarding issues raised by the night time economy (A1)</p> <p>Support the increase of TASC across the area. (A1)</p>	<p>Completion of alcohol action plan</p> <p>Number of token transactions</p> <p>Number of APB representations made to licensing panels</p> <p>Numbers completing course</p>	<p>Reduced access to alcohol</p> <p>Reduced impact of alcohol</p>	Ongoing	PHW

<b>Outcome Statement</b>	<b>Action</b>	<b>Output</b>	<b>Effect</b>	<b>Timescale</b>	<b>Lead</b>
<b>3. A comprehensive range of harm reduction services will be provided (S13)</b>	<p><b>Extend the naloxone programme (S13)</b></p> <p><b>Ensure appropriate geographical provision of Needle Syringe Programmes and hepatitis B vaccination programme</b></p> <p><b>Ensure rapid access to prescribing (S13)</b></p>	<p><b>-Number of naloxone kits distributed</b></p> <p><b>Number of people trained</b></p> <p><b>Number of post opiate detox awareness interventions recorded</b></p> <p><b>Distribution and exchange activity</b></p> <p><b>Number of completed vaccination</b></p> <p><b>Review existing prescribing capacity and process</b></p>	<p><b>Secure a downward trend in drug related deaths (P9)</b></p> <p><b>Reduction in Blood Borne Virus</b></p> <p><b>People can access prescribing services when they need them.</b></p>	<b>March 2015</b>	<b>ABMUHB</b>
<b>4. Evidence based substance misuse education and signposting will be delivered to children and young people</b>	<p><b>Map the provision of educational programmes currently delivered and consider related WG guidance</b></p> <p><b>Review the 'Healthy Schools' programme (U6)</b></p> <p><b>Agree a screening tool for use with the under 25 age group (U4))</b></p> <p><b>Deliver targeted training to professionals working with CYP (U1, U2)</b></p>	<p><b>Commission Public Health Wales to undertake a robust evaluation of existing services and conduct longer term research study to establish best practice.</b></p> <p><b>Completion of screening tool</b></p> <p><b>Number of staff trained</b></p>	<b>Service s will be reviewed to ensure that preventative interventions are effective</b>	<b>March 2016</b>	<b>PHW</b>

<b>Outcome Statement</b>	<b>Action</b>	<b>Output</b>	<b>Effect</b>	<b>Timescale</b>	<b>Lead</b>
<b>5. Older people will have an increased focus on their needs and a wider range of services to help them develop resilience to substance use. (S7)</b>	<b>Provide input to the Public Health 'Work Boost' programme for older people. (U7)</b>	<b>Number of attendees of the programme.</b>	<b>Fewer older people will progress to problematic substance use.</b>	<b>March 2015</b>	<b>PHW</b>
	<b>Provide access to a specialist older person's service in each area. (S7)</b>	<b>Number of contacts</b>	<b>Fewer older people admitted to hospital with substance misuse related problems</b>	<b>March 2015</b>	<b>APB Commissioning Team</b>
	<b>Engage with ABMUHB in preparing a business case for the piloting of the RAID model in a District General Hospital. (S7, U10)</b>	<b>Completion of business case</b>	<b>Delayed stays in hospital will be prevented due to rapid access to liaison and advice3.</b>	<b>January 2015</b>	<b>ABMUHB</b>

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<b>6. People will be able to access appropriate, timely and effective services offering a range of evidence based interventions (S1))</b>	<p>Development of an integrated specialist service, providing cohesive care pathways, across Western Bay. (S1)</p> <p>Work with adult mental health services to develop collaborative care pathways for those with co occurring substance misuse and mental health issues. (S4, U10))</p> <p>Ensure parity of access to services geographically (S1)</p> <p>Simplify and standardise access to tier 4 residential rehabilitation placement (S5)</p>	<p>Waiting times form referral to start of treatment reduced</p> <p>Increased number of planned exit from treatment with case closed as 'treatment complete'</p> <p>Increased number of client contacts delivered</p> <p>Increased number of tier 4 assessments</p>	<p>Provision of services that are flexible in terms of opening hours, easy to access and responsive to the needs of service users, including minority and 'hard to reach' groups.</p>	<p>March 2015</p>	<p>ABMUHB</p>
<b>7. Service Users will be supported in accessing training and employment opportunities and access to secure tenancies in fit for purpose housing. (H1)</b>	<p>Ensure robust pathways to education, training and employment services (H1)</p> <p>To work with Supporting People to provide a joined up response to those requiring support in accessing and sustaining tenancies (H1)</p> <p>Encourage the delivery of Recovery Communities, social enterprises and volunteering opportunity ( I1, U3)</p>	<p>No of referrals to education and employment services</p> <p>No of referrals to housing partnerships and tenancy support contact</p> <p>No of service users taking up volunteering activities</p>	<p>Drug and alcohol users will be supported in accessing wrap around services</p>	<p>March 2015</p>	<p>APB Commissioning Team</p>

	Work in partnership with community based services to promote engagement in safe social opportunities	No of service users engaged in safe social activities			
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Outcome Statement	Action	Output	Effect	Timescale	Lead
<p>8. Difficult and 'hard to engage' groups will access services more frequently (S10)</p> <ul style="list-style-type: none"> <li>- Homeless/roofless population</li> <li>-Domestic violence</li> <li>-Care leavers</li> <li>- Those not in education or employment</li> <li>-Sex workers</li> <li>- Ethnic minority groups</li> </ul>	<p>Outreach teams to operate in each county to support individuals into structured treatment (S10)</p> <p>Treatment agencies to have strategy in place to attract naive drug users and re engage those who have disengaged. (S10)</p>	<p>Decrease of clients DNA between assessment and next appointment</p> <p>Decrease in clients who DNA follow up appointments</p>	Improved uptake of services by 'difficult to engage' groups through effective inter agency work.	March 2015	Service Providers sub group
9. There will be a more effective interface between district general hospitals and community substance misuse agencies. (U9, )	<p>Map treatment pathways and distribute widely, ensuring routes of referral, consultation and training are made explicit to partners (U9)</p> <p>Substance misuse liaison nurses and doctors to be available to all district general hospitals.(U9)</p> <p>Hospital nursing and medical staff to have access to and</p>	<p>Number of consultations</p> <p>Number of referrals into specialist services</p> <p>Number of teaching sessions delivered to staff</p>	Appropriate interventions will be offered to clients with a substance misuse issue presenting in district general hospitals and their wider health needs considered.	March 2015	ABMUHB

	implement guidance and policy on the effective management of alcohol dependent patients and of management of alcohol withdrawal.				
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<b>Outcome Statement</b>	<b>Action</b>	<b>Output</b>	<b>Effect</b>	<b>Timescale</b>	<b>Lead</b>
10 Service users and carers will be engaged in the planning, design, monitoring and evaluation of services. (S3)	<p>Support national service user and carer engagement events.</p> <p>Consider the revised Welsh Government Substance Misuse Service User Involvement Framework.</p> <p>Agree an overarching carer and service user involvement strategy.</p>	<p>The number of meetings</p> <p>Production of strategy</p>	Meaningful co production of services	March 2015	APB Commissioning Team

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<b>11. Families and Carers will feel supported and more empowered to help their (S9)</b>	<b>Map and review current provision and service capacity for carers and family members. (S9)</b>	<b>Completion of mapping exercise.  No of carer support groups offered.</b>	<b>Provision of dedicated family and carer support is available.</b>	<b>March 2015</b>	<b>APB Locality Partnership Groups</b>
<b>12. Adults with substance misuse problems will be supported in becoming more effective parents.(S10)</b>	<b>-Launch handbook for use by parents and social services staff in exploring and addressing parental substance misuse. (S10) Deliver a rolling drug awareness training programme for staff working in children's services.</b>	<b>Increased referrals between social services and specialist services.</b>		<b>March 2015</b>	<b>APB CYP Sub Group</b>
<b>13. Vulnerable groups, such as children and those subject to domestic violence, will be better protected. (S10)</b>	<b>- Mapping of current IMT systems and interface (S10, S12)</b>	<b>Implementation of a data hub</b>	<b>Earlier identification and response to concerns regarding vulnerable groups.  More effective sharing of information.</b>	<b>March 2017</b>	<b>APB IMT Sub Group</b>



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<b>14. Substance misusing offenders will receive a holistic care package aimed at stopping offending and reducing substance misuse (S11)</b>	<b>Continued delivery of a results focused integrated offender management service. (S11)</b>	<b>As per IOIS</b>	<b>Offending activity due to substance misuse will reduce</b>	<b>Ongoing</b>	<b>IOIS Commissioner</b>

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<b>15. Services will be delivered from high quality, easily accessible accommodation. (S2)</b>	<b>Mapping of substance misuse estate.</b>  <b>Agreement of capital priorities.</b>  <b>Support for providers in constructing and submitting capital applications. (S2)</b>	<b>Completion of mapping.</b>  <b>Completion of capital plan.</b>  <b>Number of successful bids submitted for capital grant allocation.</b>	<b>Staff and service users will feel valued.</b>  <b>Accommodation will be fit for purpose.</b>	<b>Ongoing</b>	<b>APB Capital sub group</b>